

June 12

# Solemnity of the Most Holy Trinity

Prv 8:22-31 | Rom 5:1-5 | Jn 16:12-15

## **GROW** AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

St. Paul gives us four words to live by: “Hope does not disappoint.” Today, as we celebrate the solemnity of the Most Holy Trinity, we are reminded of the source of our hope: God the Father, the Son, and the Holy Spirit, described by Pope Francis as “a communion of love.” As St. Paul writes, “the love of God has been poured out into our hearts through the Holy Spirit that has been given to us.” This doesn’t mean our lives won’t be without difficulties, but St. Paul is assuring us that we do not face them alone. As Jesus tells the disciples in today’s Gospel, “when he comes, the Spirit of truth, he will guide you to all truth.” As we move into our week and whatever the near future holds, we can rest assured the Holy Spirit will guide us and strengthen us.

## **GO** EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

It’s graduation season! When my oldest son received his college diploma last weekend, I felt overwhelmed with gratitude and excitement for what lies ahead for him. As is the case for many students, his path to a degree was not straight (nor was it paved with straight A’s). Yet here he was, receiving his degree and planning to start a job in a field he loves just two days later. The worries I felt during his high school and early college days dissipated, replaced with a sense of gratitude – and hope. This experience and others like it remind me to bring my worries and concerns to prayer, knowing that Jesus walks beside me and those I love. We can witness to our faith by offering to pray for others facing uncertainties and challenges, and by sharing how we have experienced “peace with God through our Lord Jesus Christ.”

**PRAY** Pray the Sign of the Cross, reflecting on the love of the Father, the Son, and the Holy Spirit. How have we experienced that love and how can we share it?



Photo illustration by Kayla Simon